

## Sacred Heart Parish

2 Hough Street, Lebanon, NH

### Mass Schedule

Saturday 4:00pm Vigil  
Sunday 8:00 and 9:30am

Monday 8:00am  
Tuesday 7:00pm  
Wednesday 12:10pm  
Thursday 8:00am

### Confession

Saturday 2:45 - 3:30pm

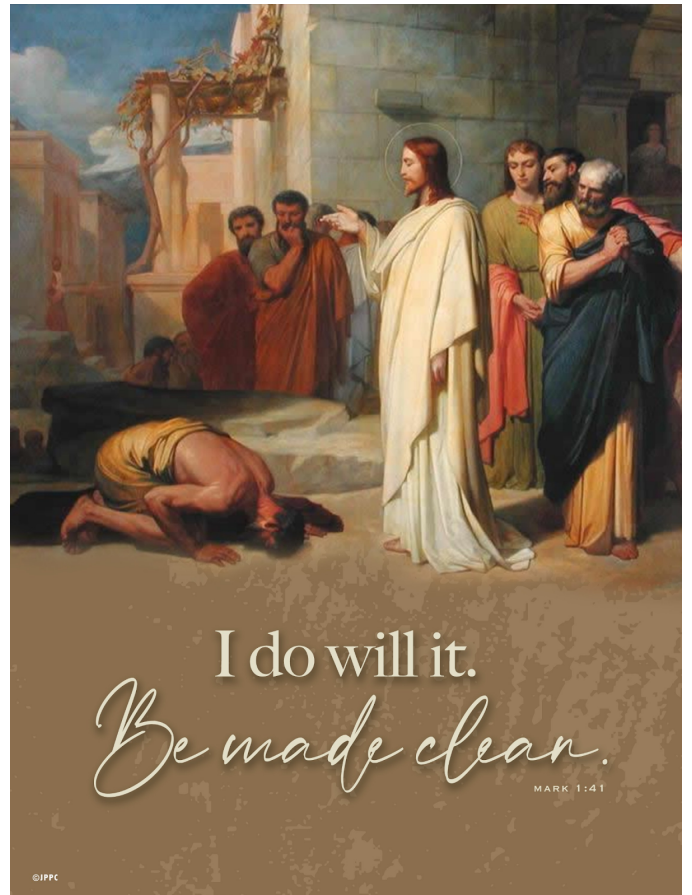
### Eucharistic Adoration

First Tuesdays 5:45 - 6:45pm  
Third Wednesdays following 12:10pm Mass

### Rosary

Monday 8:30am in church- 7pm on Zoom  
Tuesday 6:45pm  
Thursday 7:30am  
First Saturdays 3:30pm

# Sixth Sunday in Ordinary Time February 11, 2024



## St. Helena Parish

36 Shaker Hill Road, Enfield, NH

### Mass Schedule

Sunday 5:30pm

### Confession

Sunday 5:00 - 5:15pm

## St. Mary's Mission Church

1157 US Route 4, Canaan, NH

### Mass Schedule

Sunday 10:00am

### Confession

Sunday 9:30 - 9:45am

### Rosary

First and Third Sundays 9:30am

# Mass Intentions

## ***Sacred Heart***

***February 10 - 18, 2024***

The Sanctuary Candle burns for a  
*Fruitful Lent for All Parishioners*

**Saturday Vigil / Sunday**  
**February 10 / 11**

***Sixth Sunday in Ordinary Time***

**4:00pm** Melanie Blezard by Janice Miles  
**8:00am** Deacon Paul Boucher by His Family  
**9:30am** Wilfred Tremblay, Jr.  
by The Tremblay Family

**Monday: February 12**

**8:00am** Intentions of Phillip Devane  
by Bernadette McLaughlin

**Tuesday: February 13**

**7:00pm** Joan and Kenneth Louzier  
by Suzan Louzier

**Wednesday: February 14**  
***Ash Wednesday***

**12:10pm** Intentions of Dalton Saddler  
by Marianna Doyle

**7:00pm** Thomas Pioreschi  
by Bob and Betsy McKaig

**Thursday: February 15**

**8:00am** James Serpe by The Hardts

**Saturday Vigil / Sunday**  
**February 17 / 18**

***First Sunday of Lent***

**4:00pm** Felix and Linda Ducharme on the  
Occasion of their 56th Wedding Anniversary  
**8:00am** Grace Louise Simpson by The Hardts  
**9:30am** Deceased Members of the Boisvert  
Family by Gordon and Louise Gribble

## ***St. Helena and St. Mary's Mission***

***February 11, 14, and 18, 2024***

The Sanctuary Candle at St. Mary's  
burns for: *Rita Labrie Hooker*  
by Janet Labrie

**February 11**

***Sixth Sunday in Ordinary Time***

**10:00am** (St. Mary's) The Success of St. Mary's  
Mardi Gras by Larry and Sharon Guaraldi  
**5:30pm** Donel D'Cruze and Deceased Members  
of the D'Cruze and Paul Families  
by Nina D'Cruze and Family

**Wednesday, February 14**

***Ash Wednesday***

**10:00am** Larry and Sharon Guaraldi on the  
Occasion of their Wedding Anniversary

**Sunday: February 18**

***First Sunday of Lent***

**10:00am** (St. Mary's) Rev. Mark A. Rundzio  
**5:30pm** Irene Guaraldi and Irene Stark  
by Larry and Sharon Guaraldi

MASS SCHEDULE  
for ASH WEDNESDAY  
February 14



St. Helena: 10:00am

Sacred Heart: 12:10pm and 7:00pm



## **BRING in your PALMS**

If you haven't already  
dropped off your palms from  
last year so that Father Charles  
can burn them for this year's ashes, please do  
so prior to Ash Wednesday, February 14.  
Thank you.

**Every penny counts!**



Thank you for your contribution - big and small!

## **UPCOMING SPECIAL COLLECTIONS**

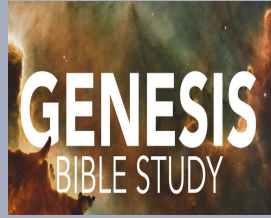
**\*Ash Wednesday, February 14\***  
***Church in Eastern Europe and Africa***

**\*Throughout Lent\***  
***Catholic Relief Services Rice Bowls\****

**Sunday, February 18\***  
***Parish Charity Fund***

# Parish Ministries and Announcements

**BIBLE STUDY**  
at **SACRED HEART**  
this Sunday, February 11  
following 9:30 Mass  
in the Parish Office  
*We'll be studying Chapter 48.*



Our Church devotes the month of February to prayer to, and contemplation of, the Holy Family, and February 11 is World Marriage Sunday.

Each member of the Holy Family had a vocation and each vocation is embodied by members of the Holy Family: sacramental marriage and holy parenthood, the sacramental priesthood of Jesus, and His holy single state. Sacred scripture shows that Sacramental matrimony is treasured by God, and sociological studies show that it is very often the major source of all other vocations.

Having a world filled with people who follow a call to do God's will is essential for civilization to thrive. Our three churches celebrate this Sunday as **WORLD MARRIAGE SUNDAY**. For the month of February we pray for: 1) an increase in sacramental marriages; 2) the strengthening of those that already exist; and 3) parents to encourage their children to prayerfully consider a future vocation to the priesthood or consecrated life.

It takes time in prayerful soul-searching to discern our individual calling. To help with such discernment, Sacred Heart Parish prays a decade of a Scriptural Rosary for vocations at 6:45pm every Tuesday evening before the 7 o'clock Mass. We request that during February each parishioner will either join us in person for this prayerful time or will pray a Rosary decade — 15 minutes — at home, with children, to ask each member of the Holy Family to grace our civilization with an increase in vocations to Sacramental Marriages, the Priesthood, and to Consecrated Life. If your circumstances do not allow that, then we ask that you pray the following 2024 papal prayer each day for 9 days asking for the intercession for discernment to vocations: *May the Holy Family, icon and model of every human family, help each individual to walk in the spirit of Nazareth.*



## **MEN of ST. JOSEPH**

Saturday, February 17- 7:30 to 9:30am  
Youth Ministry Room  
Parish Office, Lower Level

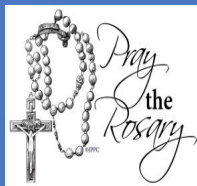
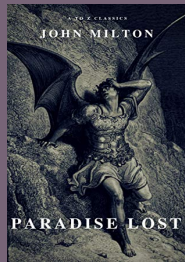
We have a couple of gentlemen joining us this month to meet the group and to share with us a little bit about some events happening at the state level. Dick Kiernan coordinates Come Follow Me ([www.comefollowme.org](http://www.comefollowme.org)), and Jay Yvars oversees the 89 North region for Men of Saint Joseph in NH. All men are welcome to join us!

*Jason Nichols*

## **SACRED HEART BOOK CLUB**

Our discussion of Milton's masterpiece *Paradise Lost* will continue this month on February 13 and 27, 5:45 - 6:45pm, Parish Office.

*All are welcome.*



## **MONDAY NIGHT ROSARY**

Join us on Zoom at 7pm and pray the Sorrowful Mysteries with us throughout Lent. Zoom sign-in info may be found on our parish website.

**PRAYER CHAIN MINISTRY**  
at **ST. HELENA / ST. MARY'S**,  
contact Margaret Battis  
at (603) 632-5249,



and at **SACRED HEART**,  
send an email to [sheartprayerchain@gmail.com](mailto:sheartprayerchain@gmail.com)  
or call the office during normal business hours.

## **PRAYER for MARRIED COUPLES**

**FOR YOUR  
MARRIAGE**

*Almighty and eternal God, You blessed the union of married couples so that they might reflect the union of Christ with his Church: look with kindness on them. Renew their marriage covenant, increase your love in them, and strengthen their bond of peace so that, with their children, they may always rejoice in the gift of your blessing.*

*We ask this through Christ our Lord. Amen.*

# Parish Notes



**PREGNANCY CENTER**  
OF THE UPPER VALLEY

A big **THANK YOU** to the generous and caring parishioners of Sacred Heart who contributed to our Baby Shower collection. We enjoyed another informative and inspiring talk by the Center's Executive Director, Anne Burge, about the work and clients of the Pregnancy Center. This was followed by a delicious brunch provided by several of our Sacred Heart volunteers.

Due to the generosity of our parishioners, we were able to make a large donation to the Pregnancy Center which included cash donations of over \$600, several gift cards, many, many boxes of diapers and baby wipes, lots of baby wash/shampoo, lotion and ointment, many baby outfits, receiving blankets and other items, plus a large amount of lotion, candy, and specialty packages of teas and hot chocolate for pampering the new mothers. The Pregnancy Center staff was very thankful!

Our parishioners really do know what "Walking with Moms in Need" means and how to put that intention into practice. Thank you all!

*Connie LeBlanc*  
Faith in Action Ministry

## PARISH OFFICE HOURS during LENT

Beginning the week of February 11 and continuing through the week of March 31...

**the Parish Office will be open TUESDAY through FRIDAY 9am to 3pm**



### MARCH 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## PARISH EVENTS in MARCH

### SACRED HEART

**Sunday, March 17**

St. Patrick's Day Luncheon Fundraiser  
Parish Hall at noon

**Tuesday, March 19**

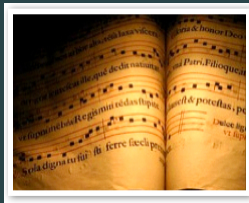
St. Joseph Table  
Parish Hall following the 7:00pm Mass

**Easter Sunday, March 31**

Knights of Columbus Annual Brunch  
and Easter Egg Hunt  
Parish Hall following 9:30am Mass

## NIGHT PRAYER (COMPLINE)

Join us for Night Prayer at Sacred Heart every Tuesday of Lent following the 7 o'clock Mass.



## STANLEY MOFFITT

April 1935 - November 2023



*Eternal rest, grant unto him, O Lord, and let Perpetual Light shine upon him. May his soul and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.*



## Free Community Dinner at St. Mary's, Canaan

Our next Community Dinner will be Sunday, February 25, following 10am Mass.

### MENU

Shepherd's Pie, Vegetables, Homemade Rolls, Variety of Desserts, Beverages  
\*Dessert donations needed!\*

For details or to help with setup on Saturday or cleanup on Sunday, contact Rosalie Swanson at [rcvanasse@gmail.com](mailto:rcvanasse@gmail.com).



## SACRED HEART PILGRIMAGE to FRANCE

(Through Collette Tours)

**SAVE THE DATES!**  
**October 3 through 14, 2024**

If you're interested in joining Fr. Charles and other parishioners on this pilgrimage, please contact the office or speak with Fr. Charles.

# February: The Holy Family / Catholic Youth



**THE CHURCH HAS TAUGHT HOW** the Holy Family is the model, the example, for all families. So said St. John Paul II in a 2001 Angelus address, as he called “the family of Nazareth a model for every home.”

“The Holy Family is the beginning of countless other holy families,” John Paul II said earlier in his Letter to Families. He stressed, “The history of mankind, the history of salvation, passes by way of the family.” In fact, the saintly pope made it plain that he was trying “to show how the family is placed at the center of the great struggle between good and evil, between life and death, between love and all that is opposed to love.”

Don't we need to honor and imitate the Holy Family in today's culture and society which attacks families in so many ways? We know why, too. Back in 1981 Sister Lucia of Fatima wrote to Cardinal Carlo Caffarra who was commissioned to establish John Paul II's Pontifical Institute for Studies on Marriage and Family. In 2008 he revealed the dire warning she gave him in that letter which turned out true as proven by the events we have seen rapidly unfolding in the world.

Lucia wrote, “The final battle between the Lord and the kingdom of Satan will be about marriage and the family. Don't be afraid ... because whoever works for the sanctity of marriage and the family will always be fought against and opposed in every way, because this is the decisive issue.” She ended saying, “Nevertheless, Our Lady has already crushed his head.”

We're in the final battle which has now escalated to include gender identity. Shouldn't we heed Jesus' warning about being on the wide road where “the gate is wide and the road broad that leads to destruction, and those who enter through it are many?”



## Totus Tuus

Summer Camp for Catholic Youth

**Totus Tuus is back for 2024!**  
**Mon, July 29 through Fri, August 2**

*Register online now at:*  
<https://www.osvhub.com/sacredheartlebanon/religious-ed/totus-tuus-summer-camp-2024>

**MOUNT ROYAL ACADEMY,** a pre-K through grade 12 school in Sunapee, boasts “... a classical curriculum that liberates the soul; a school culture that nurtures virtue; meaningful parent partnership; affordable tuition enhanced by state grants; and education rooted in goodness, truth, and beauty.”



If you'd like to tour the school or have your student(s) enjoy a shadow day there, call Mount Royal at 603-763-9010 to schedule. Visit their website at [mountroyalacademy.com](http://mountroyalacademy.com).

**Don't wait, secure your space at camp!**

Summer 2024 registration is underway. Don't delay, spaces are filling quickly!



**CATHOLIC CAMPS**  
**for GIRLS and BOYS**

**CAMPS BERNADETTE and FATIMA**  
MAKE NEW FRIENDS • LEARN NEW SKILLS •  
GROW IN CONFIDENCE • KAYAK • TUBING •  
ARCHERY • ROCK WALL • ROPES • TEAM  
SPORTS • ARTS • AND MORE.

**BUILD FAITH AND LIFELONG FRIENDSHIPS**

Visit <https://bfcamp.com/> for a virtual tour of the camps as well as registration information including dates and costs.

# Lent / Religious Ed. / Youth Ministry / RCIA



## CONFESSION and EUCHARISTIC ADORATION during LENT

### Sacred Heart

- Saturday, February 17 – **Confession** 2:45-3:30pm and Mass at 4:00pm
- Wednesday, February 21 – Mass at 12:10pm and **Adoration** 12:45-2:00pm
- Saturday, February 24 – **Confession** 2:45-3:30pm and Mass at 4:00pm
- Saturday, March 2 – **Confession** 2:45-3:30pm and Mass at 4:00pm
- Wednesday, March 5 – **Adoration** 5:45-6:45pm and Mass at 7:00pm
- Saturday, March 9 – **Confession** 2:45-3:30pm and Mass at 4:00pm
- Saturday, March 16 – **Confession** 2:45-3:30pm and Mass at 4:00pm
- Wednesday, March 20 – Mass at 12:10pm  
**Adoration** 12:45-2:00pm  
**Confession** 12:50-1:30pm (two priests)
- Saturday, March 23 – **Confession** 2:45-3:30pm and Mass at 4:00pm
- Monday, March 25 – Mass at 8:00am and **Confession** 8:30-9:00am

## STATIONS of the CROSS

### Sacred Heart

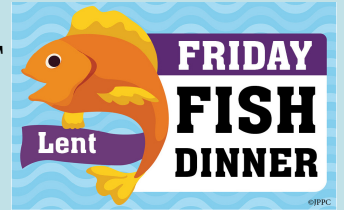
Fridays in Lent, 5:30pm



The Stations of the Cross is a 14-step devotion commemorating Jesus Christ's last day on Earth as a man. The 14 devotions, or stations, focus on specific events of His last day beginning with His condemnation and ending with His entombment. At each station participants, with the aid of Scripture and other prayers, recall and meditate on that event. The presider then moves to the next station until all 14 are complete.

## FRIDAYS in LENT

Hosted by Sacred Heart  
Knights of Columbus



6:00pm in the Parish Hall

\$12 per person / \$28 per family  
(immediate members only, please)

Purchase a meal ticket on Feb. 16  
for all six dinners:

\$55 per person / \$125 per family

Dinner includes Baked Fish,  
French Fries, Coleslaw,  
Dessert, and Coffee.



## GRADES K - 8 CLASSES UPCOMING MEETING DATES March 3, 10, 17



\*Parish Hall following 9:30 Mass\*



Come join in the fun!  
Youth Ministry Room  
6 to 8pm

**We will not be meeting this Sunday, Feb. 11.**  
Hope to see you on Sunday, February 25!

Marc Ramsey, Facilitator

JOIN US THIS SUN, FEB 11  
in the Parish Hall after 9:30 Mass



ALL ADULTS WELCOME!

Our RCIA program is not only open to catechumens and candidates working toward complete communion with the Catholic Church, but to any interested adult. Even cradle Catholics have been known to learn something new about the Faith!

- Feb. 11: Sacraments of Penance / Reconciliation and Anointing of the Sick - God is Rich in Mercy
- Feb. 18: Rite of Election, St. Joseph Cathedral
- Feb. 25: The Sacrament of Holy Matrimony

## SACRED HEART PARISH

2 Hough Street, Lebanon, NH  
Office: 7 Fairview Avenue, Lebanon, NH  
Mailing: PO Box 482, Lebanon, NH 03766  
Telephone: 603-448-1262

Website: [www.sacredheartlebanon.org](http://www.sacredheartlebanon.org)  
Email: [sheartlebanon@gmail.com](mailto:sheartlebanon@gmail.com)

## ST. HELENA PARISH

36 Shaker Hill Road, Enfield, NH

## ST. MARY'S MISSION

1157 US Route 4, Canaan, NH

Office: 7 Fairview Avenue, Lebanon, NH  
Mailing: PO Box 1363, Lebanon, NH 03766

Telephone: 603-632-4263

Website: <http://www.sthstm.org>  
Email: [sthstm@gmail.com](mailto:sthstm@gmail.com)

## PARISH STAFF

Rev. Fr. Charles H. Pawlowski, KHS  
Pastor / Director of Religious Education  
[pastorsheartlebanon@gmail.com](mailto:pastorsheartlebanon@gmail.com)

Camille Hardt  
Parish Secretary / Safe Environment Coord.  
[sheartlebanon@gmail.com](mailto:sheartlebanon@gmail.com)

Cathy Filiano  
Office Assistant

Alice Maleski  
Music Director  
[musicsheartlebanon@gmail.com](mailto:musicsheartlebanon@gmail.com)



Be sure to follow us on Facebook! See pictures from parish events, receive up to date schedules, and learn about the feasts, solemnities, and saints of the Church!

### SACRED HEART PARISH

<https://www.facebook.com/sacredheartlebanon>

### ST. HELENA PARISH

<https://www.facebook.com/St-Helena-Parish-164450373980798/>



We extend a warm welcome to you and thank God that you are with us.

If you wish to register or would like to update your registration information, please complete this form and place it in the collection basket or mail it to the parish office.

\_\_\_\_\_ Sacred Heart \_\_\_\_\_ St. Helena/St. Mary's

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Please check the following:

- \_\_\_ Request Registration Form
- \_\_\_ Request monthly envelopes
- \_\_\_ New Address and/or Phone Number

Get important updates via email and/or text. Flocknote lets you choose what information you'd like to receive from the groups in our parish.



- Go to [flocknote.com/sacredheartparish5](http://flocknote.com/sacredheartparish5) OR
- Text SHLEB to 84576 from your phone to subscribe to updates.
- Text STOP to 84576 to stop text notifications at any time. Text HELP for help. There is no charge for this service, but your carrier message and data rates may apply. See: [www.flocknote.com/txt](http://www.flocknote.com/txt)



**KNIGHTS  
OF COLUMBUS**  
IN SERVICE TO ONE. IN SERVICE TO ALL.

### SACRED HEART COUNCIL 2656

Council Grand Knight, John Pomeroy  
[johnpomeroy84@gmail.com](mailto:johnpomeroy84@gmail.com)

Meets the second Monday of the month at 6pm,  
Sacred Heart Parish Hall in Lebanon.

### CANAAN / ENFIELD COUNCIL 8027

Council Grand Knight, Albert Vanasse  
[a.vanasse712@gmail.com](mailto:a.vanasse712@gmail.com)

Meets the third Wednesday of the month at 7pm,  
St. Mary's Parish Hall in Canaan.