

Sacred Heart Parish

2 Hough Street, Lebanon, NH

Mass Schedule

Saturday 4:00pm Vigil
Sunday 8:00 and 9:30am

Monday 8:00am
Tuesday 5:30pm
Wednesday 8:00am
Thursday 8:00am

Confession

Saturday 2:45 - 3:30pm

Eucharistic Adoration

First Tuesdays 4:15 - 5:15pm

Rosary

Monday 8:30am in church & 7pm on Zoom
Tuesday 5:15pm (First Tuesdays at 4:30pm)
Thursday 7:30am
First Saturdays 3:30pm

Fourth Sunday of Advent

December 21, 2025



St. Helena Parish

36 Shaker Hill Road, Enfield, NH

Mass Schedule

Sunday 5:30pm

Confession

Sunday 5:00 - 5:15pm

Rosary

All Sundays in October 5:00pm

St. Mary's Mission Church

1157 US Route 4, Canaan, NH

Mass Schedule

Sunday 10:00am

Confession

Sunday 9:30 - 9:45am

Rosary

First and Third Sundays 9:30am

*Merry
Christmas*

Mass Intentions

Sacred Heart

December 20 - 28, 2025

*The Sanctuary Candle Burns for
A Blessed Christmastide for All Parishioners*

Saturday Vigil / Sunday: December 20 / 21
Fourth Sunday of Advent

4:00pm Bob and Fay Sharkey by Their Sons

8:00am The Intentions of Margaret Martin
by Herman and Sharon

9:30am Wilfred and Jeanne Tremblay
by The Tremblay Family

Monday: December 22

8:00am Bill and Ginny Finn by John and Holly

Tuesday: December 23

8:00am Joan and Kenneth Louzier
by Suzan Louzier

Wednesday: December 24
Vigil of the Nativity of Our Lord

4:00pm Ellie Hogan Downing
by Barb and Brian Sagraves

Thursday: December 25
The Nativity of Our Lord

Midnight Lucille Soucy by Her Daughter

9:30am Helen Rochon
by Des and Shirley Hudson

Saturday Vigil / Sunday: December 27 / 28
The Holy Family of Jesus, Mary, and Joseph

4:00pm Ellie Hogan Downing by Anne Jette

8:00am Special Graces for Ken and Maria Parker
by Michael and Emily Parker

9:30am Ronald White
by Light of the World's Lost Sheep Group

St. Helena and St. Mary's Mission

December 21 - 28, 2025

Sunday: December 21
Fourth Sunday of Advent

10:00am (St. Mary's) Pro Populo

5:30pm Celebrant's Intention

Wednesday: December 24
Vigil of the Nativity of Our Lord

4:00pm (St. Mary's) Celebrant's Intention

Thursday: December 25
The Nativity of Our Lord

8:00am The Courage and Grace Cecilia Reitnauer
Needs to Leave a Bad Relationship
by Kelly Diette

Sunday: December 28
The Holy Family of Jesus, Mary, and Joseph

10:00am (St. Mary's) Pro Populo

5:30pm Celebrant's Intention



OFFICE HOURS
FROM DEC. 21 - JAN. 4

Please note that the Parish Office will be open
only on Monday, December 22 and Monday,
December 29 - 9am to 1pm with phones
being answered until 3pm.

Normal business hours resume
Monday, January 5.

SECOND COLLECTIONS

December 21 - *Fuel*

December 25 - *Christmas*

January 1 - *Solemnity of Mary, Mother of God*

MONDAY NIGHT ROSARY

*In this month dedicated to the Immaculate
Conception, please consider joining your
prayers to ours as together we contemplate
the Joyful Mysteries.*



Join us on Zoom at 7pm; sign-in information can
be found on our parish website.

SOLEMNITY of MARY, THE HOLY MOTHER of GOD

A Holy Day of Obligation



Sacred Heart - Vigil Mass
Wednesday, December 31 at 4:00pm

Adoration 2:45 to 3:45pm

Rosary prayed 3:00pm

St. Helena
Thursday, January 1 at 8:00am



**COME MEET THE ONE WHO LOVES YOU
SO MUCH HE CAME TO EARTH FOR YOU.**

CHRISTMAS MASS SCHEDULE

Wednesday, December 24

Sacred Heart: 4:00pm (Carols at 3:30)

St. Mary's: 4:00pm

Thursday, December 25

Sacred Heart: Midnight (Carols at 11:45pm) & 9:30am

St. Helena: 8:00am

Religious Ed, Parish Ministries & Notes



SACRED HEART

RELIGIOUS EDUCATION / OCIA

Catechesis for a journey
that will last a lifetime.

RELIGIOUS ED. and OCIA

We will meet in the Parish Hall on Sundays,
January 4th, 11th, and 25th

Questions? Contact our DRE, Lynn Smollin,
at lynnshheartlebanon@gmail.com.

Free

Community Dinner
at St. Mary's, Canaan



Join us this Sunday at 11:30am for our
monthly FREE COMMUNITY DINNER.



ONE MINUTE
for the BODY
and BLOOD, SOUL
and DIVINITY of
OUR LORD?

Once again we ask you
to set your phone alarm for 1 minute before a
special hour — an hour convenient for you —
such as 6pm (an hour that many commonly pray
the *Angelus*) and pray this next prayer from
Bishop Libasci every day this week:

*Almighty God, look upon the face of Him who is
the eternal High Priest, and have compassion on our
Bishops, Priests, Brothers, Sisters, Deacons,
Seminarians and Novices in today's world. Remember
that they are but weak and frail human beings. Stir up
in them the grace of their vocation. Keep them close to
You lest the enemy prevail against them, so that they
may never do anything in the slightest degree unworthy
of their sublime vocation. O Jesus, we pray for Your
faithful and fervent Priests and Consecrated Religious,
for the unfaithful and tepid ones; for those laboring at
home and for those who are lonely and desolate; and
for those who are in purgatory. Above all, we
recommend to You the Priests [and Consecrated
Religious] nearest to us; the Priest who baptized us; the
Priest who absolved us from our sins; the Priests at
whose Holy Masses we have assisted and [the Priests
and Consecrated Religious] who instructed us or helped
us by their encouragement. We pray devoutly for all the
Priests [and Consecrated Religious] to whom we are
indebted in any other way. O Jesus, keep them all close
to Your heart and bless them abundantly in time and in
eternity. Amen.*

BIBLE STUDY
MEETS NEXT on
SUN, JANUARY 4
after 9:30 MASS



Join us as we continue our examination
of the Apostle Paul's *Letter to the Romans*.

We'll be discussing Chapter Seven on Jan. 4th.

Sign-up on Flocknote to make sure
you receive all notices.



THIRD ORDER of MARY

We'll meet next on Sun, January 4,
at noon in Sacred Heart's vestibule.

For more information contact Connie LeBlanc
at leblanc.constance@gmail.com.

FIRST TUESDAY
EUCHARISTIC
ADORATION
for VOCATIONS

Sacred Heart - January 6

4:15 to 5:15pm

Holy Mass - 5:30pm



INFUSED



MEN'S GROUP

We'll meet next
on Tuesday,
Jan. 6, 6:10pm.

Our topic will be *Sin and Temptation*.

2026 PARISH
CALENDARS
can be found
in all churches.



Thank you to *Ricker Funeral Homes & Crematory*
for their faithful sponsorship of our parish calendars.

Parish and Community Notes

Mark Your CALENDAR



EVENTS at SACRED HEART through MAY, 2026

DEC 31 - NEW YEAR'S EVE DINNER DANCE:

Following 4:00pm Mass in the Parish Hall

JAN 18 - ANNUAL BABY SHOWER BRUNCH:

Following the 9:30 Mass; sponsored
by the Faith in Action Ministry
and Sacred Heart Knights of Columbus

FEB 2 - THE PRESENTATION of the LORD
Blessing of Candles with Free Community Lunch
following the 12:10pm Mass

FEB 3 - FEAST of ST. BLAISE

Blessing of Throats at 5:30pm Mass
Wine and Cheese Social following

FEB 14 - MARDI GRAS DINNER

Following 4:00pm Vigil Mass in the Parish Hall

FEB 18 - ASH WEDNESDAY

Day of Fast and Abstinence

MAR 15 - ST. PATRICK'S LUNCH

Noon in the Parish Hall

MAR 19 - ST. JOSEPH'S DAY BREAKFAST

Free Community Breakfast in the Parish Hall
following 8:00am Mass

APR 5 - EASTER SUNDAY BREAKFAST

Following 9:30am Mass in the Parish Hall

MAY 2 - DERBY DAY DINNER

Following 4:00pm Vigil Mass in the Parish Hall

MAY 24 - 150th ANNIVERSARY of SACRED HEART PARISH

Mass with Bishop Libasci
Festival following 9:30am Mass

MAY 25 - MEMORIAL DAY

Mass at 10am with Coffee and Donuts Gathering
at 10:30; Parade at 11 o'clock



Now Serving
FREE
COMMUNITY
CHRISTMAS DINNER

DINNER MOVED to CHRISTMAS EVE

Listen Community Services will hold its Holiday Dinner on Christmas Eve this year. **The in-person gathering is scheduled to take place Wednesday, Dec. 24 from 4 to 5 p.m. at the Listen Community Dining Hall, located at 42 Maple St. in White River Junction.** People do not need to register ahead of time. Takeout meals will also be available, but delivery will not.



Upcoming Pilgrimage!

Majestic Cities of Central and Eastern Europe
(Through Collette Tours)

September 20 - October 3, 2026

Please visit the group's webpage for details:
<https://groups.gocollette.com/en-US/link/1382613>

If you're interested in joining Fr. Charles on this pilgrimage, please contact the office or speak with Fr. Charles directly.



**A STEP BACK
IN TIME
TO 1940**



NEW YEAR'S EVE
dinner and dance

Sacred Heart Church

Doors open at 5pm - Dinner served at 6 o'clock

MEAL INCLUDES

Shrimp Cocktail Appetizer

Prime Rib, Baked Potato

Green Beans Almondine

Homemade Dessert with Coffee / Tea

BYOB

Raffles, Games, Prizes

Big Band Music throughout the evening!

ADVANCE TICKET SALES ONLY

\$20 per person

\$13 per person, under 14 years of age

Tickets available after weekend Masses and in the office

SACRED HEART - 2 HOUGH ST - LEBANON, NH

603-448-1262



*Cheers
to a
New Year*

SACRED HEART PARISH

2 Hough Street, Lebanon, NH
Office: 7 Fairview Avenue, Lebanon, NH
Mailing: PO Box 482, Lebanon, NH 03766

Telephone: 603-448-1262

Website: www.sacredheartlebanon.org
Email: sheartlebanon@gmail.com

ST. HELENA PARISH

36 Shaker Hill Road, Enfield, NH

ST. MARY'S MISSION

1157 US Route 4, Canaan, NH

Office: 7 Fairview Avenue, Lebanon, NH
Mailing: PO Box 1363, Lebanon, NH 03766

Telephone: 603-632-4263

Website: <http://www.sthstm.org>
Email: sthstm@gmail.com

PARISH STAFF

Rev. Fr. Charles H. Pawlowski, KHS
Pastor - pastorsheartlebanon@gmail.com

Camille Hardt

Parish Secretary - sheartlebanon@gmail.com

Lynn Smollin

Director of Rel. Ed. - lynnsheartlebanon@gmail.com

Alice Maleski

Music Director - musicsheartlebanon@gmail.com

Cathy Filiano, Sheila Gallagher
Office Assistants

KNIGHTS of COLUMBUS

SACRED HEART COUNCIL 2656

Council Grand Knight, John Pomeroy
johnpomeroy84@gmail.com

Meets the second Monday of the month
at 6pm, Sacred Heart's Parish Hall

CANAAN / ENFIELD COUNCIL 8027

Council Grand Knight, Albert Vanasse
a.vanasse712@gmail.com

Meets the third Wednesday of the month
at 7pm, St. Mary's Parish Hall in Canaan.



We extend a warm welcome to you and thank God that you are with us.

If you would like to register with either of our parishes, please do so online via our websites:

SACRED HEART: sacredheartlebanon.org

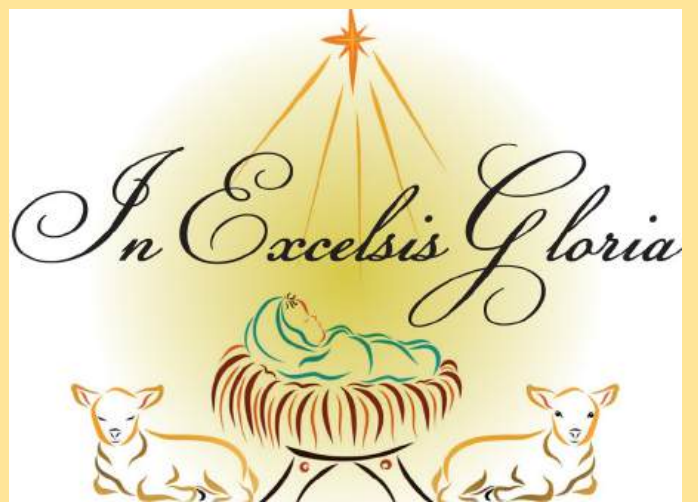
ST. HELENA / ST. MARY'S: sthstm.org

If you prefer to give us your information over the phone or in person, please contact the office during normal business hours. Thank you.



FIND OUR PARISHES ON FACEBOOK!

Follow Sacred Heart and Saint Helena Parishes on Facebook to see pictures from parish events, receive up to date schedules, and learn about the feasts, solemnities, and saints of Holy Mother Church.



And there were in the same country shepherds abiding in the field, keeping watch over their flock by night. And, lo, the angel of the Lord came upon them, and the glory of the Lord shone round about them: and they were sore afraid. And the angel said unto them, *Fear not: for, behold, I bring you good tidings of great joy, which shall be to all people. For unto you is born this day in the city of David a Saviour, which is Christ the Lord. And this shall be a sign unto you; Ye shall find the babe wrapped in swaddling clothes, lying in a manger.* And suddenly there was with the angel a multitude of the heavenly host praising God, and saying, *Glory to God in the highest, and on earth peace, good will toward men.*
Luke 2:8-14