

Sacred Heart Parish

2 Hough Street, Lebanon, NH

Mass Schedule

Saturday 4:00pm Vigil
Sunday 8:00 and 9:30am

Monday 8:00am
Tuesday 5:30pm
Wednesday 8:00am
Thursday 8:00am

Confession

Saturday 2:45 - 3:30pm

Eucharistic Adoration

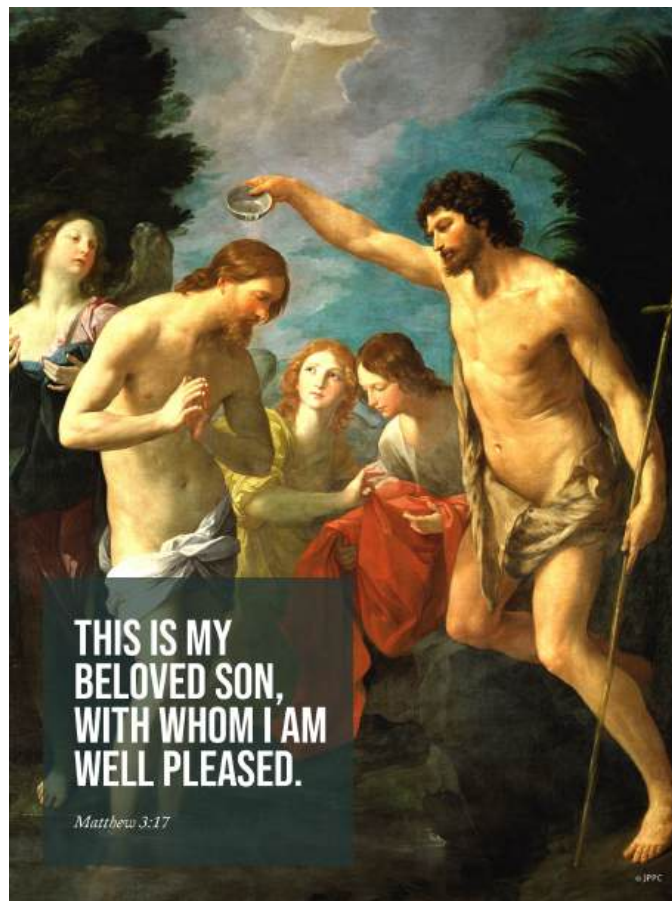
First Tuesdays 4:15 - 5:15pm

Rosary

Monday 8:30am in church & 7pm on Zoom
Tuesday 5:15pm (First Tuesdays at 4:30pm)
Thursday 7:30am
First Saturdays 3:30pm

The Baptism of the Lord

January 11, 2026



St. Helena Parish

36 Shaker Hill Road, Enfield, NH

Mass Schedule

Sunday 5:30pm

Confession

Sunday 5:00 - 5:15pm

Rosary

All Sundays in October 5:00pm

St. Mary's Mission Church

1157 US Route 4, Canaan, NH

Mass Schedule

Sunday 10:00am

Confession

Sunday 9:30 - 9:45am

Rosary

First and Third Sundays 9:30am

Mass Intentions

Sacred Heart

January 10 - 18, 2026

*The Sanctuary Candle Burns for
Catholic Schools*

Saturday Vigil / Sunday: January 10 / 11
The Baptism of the Lord

4:00pm Paul Joseph Labarre by Theresa Boutin
8:00am Jennifer Spring Sites by The Sites Family
9:30am Michael Currier
by Gordon and Louise Gribble

Monday: January 12

8:00am Intentions of Ann Brownlow
by Judith Brownlow

Tuesday: January 13

St. Hilary, Bishop and Doctor of the Church

5:30pm Herman Martin
by Lillian, Lucille, and Janet Leroux

Wednesday: January 14

8:00am The Courage and Grace Cecilia Needs to
Leave a Harmful Relationship by Kelly Diette

Thursday: January 15

8:00am The Intentions of Bruce and Alice
Sunnerberg by The Staff at Sacred Heart

Saturday Vigil / Sunday: January 17 / 18
Second Sunday in Ordinary Time

4:00pm Agnes Laliberte by Theresa Boutin
8:00am Maybelle Dumont
by Bob Ferranti and Family
9:30am The Tremblay Family
by Gordon and Louise Gribble

St. Helena and St. Mary's Mission

January 11 and 18, 2026

Sunday: January 11
The Baptism of the Lord

10:00am (St. Mary's) The Courage and Grace
Cecilia Reitnauer Needs to Leave a Harmful
Relationship by Kelly Diette
5:30pm Celebrant's Intentions

Sunday: January 18

The Second Sunday in Ordinary Time

10:00am (St. Mary's) Celebrant's Intentions
5:30pm Pro Populo



**BARBARA
DAUPHINAIS
1944 - 2025**

*Eternal rest, grant unto her O Lord and let Perpetual
Light shine upon her. May her soul and the souls of all
the faithful departed, through the mercy of God,
rest in peace. Amen.*

MASS and SANCTUARY CANDLE REQUESTS

The office will reserve Masses and
Sanctuary Candles up to four
months in advance. Thank you.



**Please call or email the office
to request your Mass
and/or Sanctuary Candle.**

The suggested donation for a Mass
or Sanctuary Candle is \$10.

WHY DID JESUS GET BAPTIZED?

from missions.ewtn.com

The Baptism of Jesus is on His part the acceptance and inauguration of His mission as God's suffering Servant. He allows Himself to be numbered among sinners; he is already "the Lamb of God, who takes away the sin of the world." Already He is anticipating the "baptism" of His bloody death. Already He is coming to "fulfill all righteousness," that is, He is submitting himself entirely to His Father's will: out of love He consents to this baptism of death for the remission of our sins. The Father's voice responds to the Son's acceptance, proclaiming His entire delight in His Son. The Spirit whom Jesus possessed in fullness from His conception comes to "rest on Him." Jesus will be the source of the Spirit for all mankind. At His baptism "*the heavens were opened*" – the heavens that Adam's sin had closed – and the waters were sanctified by the descent of Jesus and the Spirit, a prelude to the new creation.

Parish Announcements

EVENTS at SACRED HEART through MAY 2026



JAN 18 - ANNUAL BABY SHOWER BRUNCH

Following the 9:30 Mass; sponsored by the Faith in Action Ministry and Sacred Heart Knights of Columbus

FEB 2 - THE PRESENTATION of the LORD
Blessing of Candles with Free Community Lunch following the 12:10pm Mass

FEB 3 - FEAST of ST. BLAISE
Blessing of Throats at 5:30pm Mass
Wine and Cheese Social following

FEB 14 - MARDI GRAS DINNER
Following 4:00pm Vigil Mass in the Parish Hall

FEB 18 - ASH WEDNESDAY
Day of Fast and Abstinence

MAR 15 - ST. PATRICK'S LUNCH
Noon in the Parish Hall

MAR 19 - ST. JOSEPH'S DAY BREAKFAST
Free Community Breakfast in the Parish Hall following 8:00am Mass

APR 5 - EASTER SUNDAY BREAKFAST
Following 9:30am Mass in the Parish Hall

MAY 2 - DERBY DAY DINNER
Following 4:00pm Vigil Mass in the Parish Hall

**MAY 24 - 150th ANNIVERSARY
of SACRED HEART PARISH**
Mass with Bishop Libasci
Festival following 9:30am Mass

MAY 25 - MEMORIAL DAY
Mass at 10am with Coffee and Donuts Gathering at 10:30; Parade at 11 o'clock



12th Annual Sacred Heart Baby Shower Brunch

benefiting the Dayspring Pregnancy Center
of the Upper Valley

**JOIN US in the PARISH HALL next SUN,
JAN 18, following the 9:30am MASS.**

As a parish community that respects and responds to the value of human life in all of its stages and needs, this is an opportunity to join your fellow parishioners in showing our support for the babies, moms, and dads in need who are served by this pregnancy center.

Wish list: (*greatest need is in red*): **Diapers in sizes 3, 4, 5 and 6; boys and girls winter outfits in sizes newborn to 2 T; girls long sleeve tops in sizes 6, 9, 12, 18, and 24 months and bottoms in all sizes NB-2T; boys long sleeve tops in 0-3 and 6-9 months and bottoms in all sizes NB-2T; baby wipes; bath towels and wash cloths; shampoo/baby wash; fabric baby quilts; bassinet sheets; safety/medical/personal care items such as outlet protectors, thermometers, nail clippers, hair brushes, toddler feeding spoons and bowls, etc. NEW small toys, stuffed animals, rattles, teething, etc. (Please, no knitted items, hats, snow suits (well stocked) or baby powder. Thank you.)**

Something for Mom such as chocolates or lotion; gift cards for gas, groceries and supplies local to both West Lebanon and Claremont; cases of bottled water.

**Please bring unwrapped gifts to the shower,
or leave them at all church entrances.**



St. Mary's Mission in Canaan
invites you to save the date!
Sunday, February 15, 2026

Join us after the 10am Mass. We'll socialize from 11:00 to 11:45, enjoy dinner at 12:45pm, and take our chances at the raffle table. More details to come.



Parish Ministries



SACRED HEART

RELIGIOUS EDUCATION / OCIA

Catechesis for a journey
that will last a lifetime.

**We'll meet in the Parish Hall
on January 11 and 25 after 9:30 Mass.**

Questions? Contact our DRE, Lynn Smollin,
at lynnshheartlebanon@gmail.com.



**BIBLE STUDY
MEETS THIS SUN,
JANUARY 11**

*Join us after the 9:30 Mass to discuss
Chapters Seven and Eight
in the Parish Office over a cuppa.*

JANUARY DATES and TOPICS

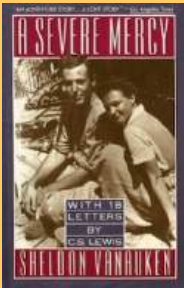


January 11

- The Liturgy and the Sacraments of Baptism and Confirmation
- Why We're Pro-Life
- St Marianne Cope
- St Agnes
- St Francis De Sales

January 25

- The Eucharist (The Real Presence of Christ)
- NFP vs Contraception
- St Thomas Aquinas
- St John Bosco



A NEW TITLE for the SACRED HEART BOOK GROUP!

Join us as we begin discussing Sheldon Vanauken's stunning chronicle of his marriage, his faith-forming friendship with C.S. Lewis, and the tragedy that altered his soul and spirit.

A SEVERE MERCY

We'll meet Jan. 13 and 27 and Feb. 10 and 24.
Parish Office - 6 to 7pm

*Please join the Book Group on Flocknote to receive all
notices. We hope to be reading with you soon!*

How is Our Lord calling you to become a saint?

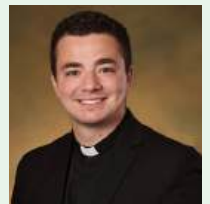


VOCATIONS MINISTRY

Two weeks ago we celebrated the Feast of the Holy Family and we prayed that St. Joseph would be the inspiration and intercessor for young men to accept if they were called to the priesthood or diaconate. We must also remember that when a man is the "head" of the family, the woman is often the "neck" that turns the head toward God's will in the preservation and advancement of their children. That holy, synergistic relationship between husband and wife, and between consecrated men and women, brings the peace and joy of Faith, Hope, and Love to our world.

This week let us pray the Diocesan prayer for vocations: *"God, You give gifts to use the Body of Christ to bring a New Hope and the Good News of Jesus Christ through our Catholic faith to all in NH. Inspire young and old in the Diocese of Manchester to courageously follow Your will as we live the unique vocation for which You have created us. Please give us vocations to Christian sacramental marriage, to the religious life, and to the priesthood. Give us the grace to respond quickly to Your voice. Support our bishops, priests, and consecrated people in their missions. Confirm married couples and all families in Your love. Grant perseverance to our seminarians and to all who follow Your way. Mary, Mother of the Church, the model of every vocation, help us to say "YES" to the Lord who calls us to cooperate in the divine plan of salvation."*

Let us pray ardently for blessings on seminarian Guillaume Temkkit who is ordained to the Transitional Diaconate at 10am on January 10th at the Cathedral. He spent a summer at Sacred Heart several years ago, and we remember him with joy. Send a note of encouragement to him and his parents at 77 Rowell Rd., Lancaster, NH, 03584.



Parish Notes



MT. ROYAL ACADEMY HEADMASTER to SPEAK after 9:30 MASS this SUNDAY, JAN. 11

Would you like to send your child to a school that aligns with the teachings of the Catholic faith? Do you feel uncomfortable about the level of secularism in schools that do not support the teachings of our Catholic faith? Would you like your child to serve God in this life so as to be happy with Him forever in eternal life?

Mr. Derek Tremblay will be in the Parish Hall following Sunday's 9:30 Mass to talk with parents and grandparents about Mount Royal Academy and answer any questions you might have.

Mount Royal Academy's mission is to educate the whole person through the spiritual, academic, and human formation of each student. Our aspirations direct all temporal efforts toward building Catholic culture and our Father's eternal kingdom.

Their model is based on **partnership with parents** and remains as affordable as ever because of the Children's Scholarship Fund.

They are currently enrolling students from PreK to high school for the 2026 - 2027 school year.

Visit mountroyalacademy.com to find out more information and schedule a tour and be sure to say hello to Headmaster Tremblay this weekend!



TO HELP KEEP PARISH EXPENSES in CHECK,

we will not be issuing year end tax statements through the mail. If you've made all your 2025 donations online, you are able to log into your OSV account and produce a tax statement. If you use envelopes or "loose" checks, please call the office and a statement will be prepared and emailed to you.



2026 PILGRIMAGE!

Majestic Cities of Central and Eastern Europe



September 20 - October 3, 2026

Think you might be interested in joining Fr. Charles on this pilgrimage? Andrew Leighton from Collette Tours will be discussing the tour and answering all questions at a 6pm meeting this Wed, January 14, at St. Anthony Parish in Manchester. **Can't make the meeting in person? Join by Zoom using the following link and password:**

<https://collette.zoom.us/j/82144257467?pwd=PpCvADUUh54lgJnzbyjivSvelOIdzY.1>,
password 73311290.

Please visit the group's webpage for details:
<https://groups.gocollette.com/en-US/link/1382613>



SACRED HEART Saturday, February 14

Following the 4pm Vigil, plan to join us in the Parish Hall where we'll be enjoying a fun, family-friendly feast before we fast on Ash Wednesday.

Details to follow!

Diocesan and Community Notes

Caring for Loved Ones with Dementia

Online Support Group



Are you caring for a family member or friend with memory loss? You don't have to face it alone. Join Catholic Charities NH for a **five-week online support group**, starting January 28. You will discover a deeper understanding of dementia and practical resources to support your loved one's well-being.

- Session 1: Wednesday, January 28; 11:00 AM – Noon
- Session 2: Wednesday, February 4; 11:00 AM – Noon
- Session 3: Wednesday, February 11; 11:00 AM – Noon
- Session 4: Wednesday, February 18; 11:00 AM – Noon
- Session 5: Wednesday, February 25; 11:00 AM – Noon

For more details or to sign up, visit www.cc-nh.org/dementia, or contact Shannon Popescu at 603-448-5151 or email her at shannon.popescu@nh-cc.org. There is no cost to attend.

Free
Community Dinner
at St. Mary's, Canaan



SAVE THE DATE!
*Our next Community Dinner
will be Sunday, January 25.*

11:30am to 12:30pm

Tentative Menu

Turkey, Salads, Veggies, Fruit,
Desserts, Beverages

Prep work on Saturday, January 24 at 9 am
in St. Mary's hall. And as always, we'll need help
with serving and clean-up.

ANNUAL DIOCESAN RESPECT LIFE MASS

As thousands gather in Washington, D.C., for the National March for Life, our diocese will unite with them in prayer and solidarity. You are invited to join us for a special Respect Life Mass.



When: Friday January 23, 2026 at 12:10pm
Where: St. Joseph's Parish Cathedral

Together we will entrust our nation, our families, and the most vulnerable among us to the mercy of Christ, asking for the courage to build a culture where every human life, especially the smallest and most fragile, is cherished and protected.

We look forward to celebrating this special Mass with you and growing together in our shared commitment to building a culture of life.



FIRE OF GOD

Regional Charismatic Prayer Meeting

Immaculate Heart of Mary Church, 180 Loudon Rd., Concord

JAN 17, 2026 10-noon

Speaker: **Sr. Mary Rose Reddy, DMML**

**"But when the Son of Man comes,
will He find faith on earth?" Luke 18:8**

Join us for lively praise and worship, fellowship
and opportunity for healing prayer

Presented by Catholic Charismatic Renewal of NH
For information: Jackie Morganti 603-332-3576

ALL ARE WELCOME! Bring a friend!

SACRED HEART PARISH

2 Hough Street, Lebanon, NH
Office: 7 Fairview Avenue, Lebanon, NH
Mailing: PO Box 482, Lebanon, NH 03766

Telephone: 603-448-1262

Website: www.sacredheartlebanon.org
Email: sheartlebanon@gmail.com

ST. HELENA PARISH

36 Shaker Hill Road, Enfield, NH

ST. MARY'S MISSION

1157 US Route 4, Canaan, NH

Office: 7 Fairview Avenue, Lebanon, NH
Mailing: PO Box 1363, Lebanon, NH 03766

Telephone: 603-632-4263

Website: <http://www.sthstm.org>
Email: sthstm@gmail.com

PARISH STAFF

Rev. Fr. Charles H. Pawlowski, KHS
Pastor - pastorsheartlebanon@gmail.com

Camille Hardt

Parish Secretary - sheartlebanon@gmail.com

Lynn Smollin

Director of Rel. Ed. - lynnsheartlebanon@gmail.com

Alice Maleski

Music Director - musicsheartlebanon@gmail.com

Cathy Filiano, Sheila Gallagher
Office Assistants

KNIGHTS of COLUMBUS

SACRED HEART COUNCIL 2656

Council Grand Knight, John Pomeroy
johnpomeroy84@gmail.com

Meets the second Monday of the month
at 6pm, Sacred Heart's Parish Hall

CANAAN / ENFIELD COUNCIL 8027

Council Grand Knight, Albert Vanasse
a.vanasse712@gmail.com

Meets the third Wednesday of the month
at 7pm, St. Mary's Parish Hall in Canaan.

PARISH COLLECTIONS

December 1 - December 31

SACRED HEART

In Person Collection: \$11,829
Online Collection: 9,119
\$20,948

Building Fund (incl Organ Restoration) \$295
Christmas \$4,135

Christmas Flowers \$1,531

Christmas Trees & Wreaths \$2,017 profit

Church in Central/East Europe & Africa \$50

CRS & Catholic Home Missions \$50

Faith Formation \$129

Fuel \$1,707

Immaculate Conception \$1,154

New Year's Eve Dinner \$517 profit

NHCA (including pledges) \$28,280

Parish Charity \$125

Retired Religious \$480

Rice Bowl \$50

ST. HELENA / ST. MARY'S MISSION

In Person Collection: \$3,607
Online Collection: 3,765
\$7,372

Christmas \$802

Christmas Flowers \$567

Community Dinner \$179

Fuel \$522

Immaculate Conception \$372

NHCA (including pledges and stocks) \$17,217

Parish Charity \$26

Retired Religious \$533



We extend a warm welcome to you and thank God that you are with us.

If you would like to register with either of our parishes, please do so online via our websites:

SACRED HEART: sacredheartlebanon.org

ST. HELENA / ST. MARY'S: sthstm.org

If you prefer to give us your information over the phone or in person, please contact the office during normal business hours. Thank you.