Sacred Heart Parish
2 Hough Street, Lebanon, NH

Mass Schedule
Saturday 4:00pm Vigil
Sunday 8:00 and 9:30am

Monday 8:00am
Tuesday 5:30pm
Wednesday 12:10pm
Thursday 8:00am

Confession
Saturday 2:45 - 3:30pm
or by appointment

Eucharistic Adoration
First Tuesdays 4:15 - 5:15pm

Rosary
Monday 8:30am in church
and 5pm on Zoom
Tuesday 5:15pm
(First Tuesdays at 4:30pm)
Thursday 7:30am
First Saturdays 3:30pm

St. Helena Parish
36 Shaker Hill Road, Enfield, NH

Mass Schedule
Sunday 5:30pm

Confession
Sunday 5:00 - 5:15pm

St. Mary's Mission Church
1157 US Route 4, Canaan, NH

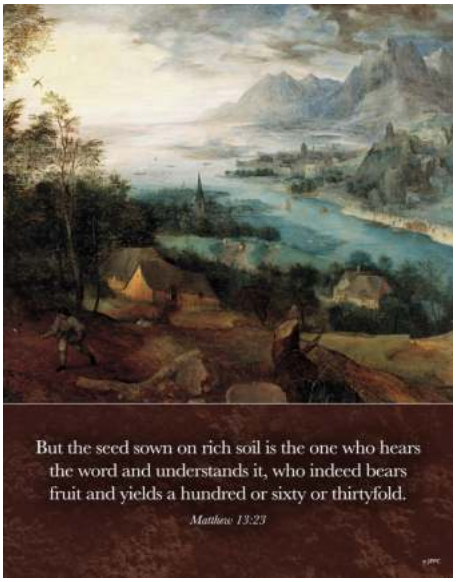
Mass Schedule
Sunday 10:00am

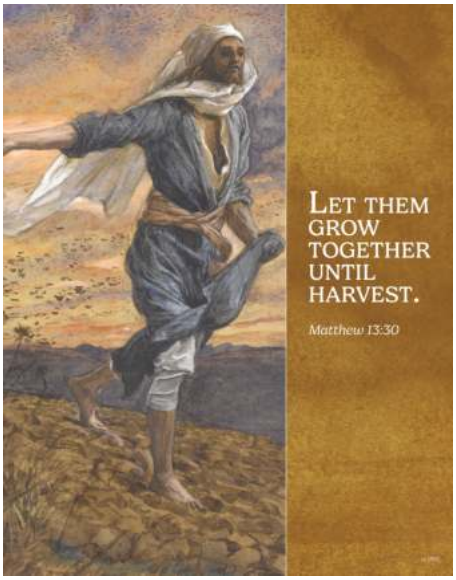
Confession
Sunday 9:30 - 9:45am

Rosary
First and Third Sundays 9:30am

Fifteenth and Sixteenth Sundays in Ordinary Time

July 12 and 19, 2026





SUMMER OFFICE HOURS THROUGH SEPTEMBER 7:
Monday through Thursday, 9 - 1pm

Mass Intentions and Notes

Sacred Heart
July 11 - 26, 2026

Saturday Vigil / Sunday: July 11 / 12
Fifteenth Sunday in Ordinary Time

4:00pm Bob and Fay Sharkey by Their Sons
8:00am Michael Long by His Wife Lynn
9:30am Mark Mullin by Suzan Louzier

Monday: July 13
St. Henry

8:00am Intentions of Anthony and Julia Giorgio by Bernadette McLaughlin

Tuesday: July 14
St. Kateri Tekakwitha, Virgin

5:30pm Peter and Virginia Catelli by Ruth Catelli

Wednesday: July 15
St. Bonaventure, Bishop & Doctor of the Church

12:10pm Herman Martin by Sharon Martin

Thursday: July 16
Our Lady of Mount Carmel

8:00am Maurice LeBlanc by Louise Dauphinais

Saturday Vigil / Sunday: July 18 / 19
Sixteenth Sunday in Ordinary Time

4:00pm Helen Marshall by Des and Shirley Hudson
8:00am Dennis Daigle by Betty Daigle
9:30am Dana J. Pippin by Sheila Gallagher

Monday: July 20
St. Apollinaris, Bishop and Martyr

8:00am Intentions of Scott and Ruth Conwell on the Occasion of their Anniversary by Ruth Conwell

Tuesday: July 21
St. Lawrence of Brindisi, Priest and Doctor of the Church

5:30pm Maurice LeBlanc by The Lost Sheep

Wednesday: July 22
St. Mary Magdalene

12:10pm Herman Martin by Raoul Martin, Jr.

Thursday: July 23
St. Bridget, Religious

8:00am Mark Lohrke by Kelly Diette

Saturday Vigil / Sunday: July 25 / 26
Seventeenth Sunday in Ordinary Time

4:00pm Bob and Fay Sharkey by Their Sons
8:00am Herman Martin by Scott and Carissa Martin and Family
9:30am Ruth Shepard and Frank Currier by Gary and Karen Shepard

St. Helena and St. Mary's Mission
July 12, 19, and 26, 2026

Sunday: July 12
Fifteenth Sunday in Ordinary Time

10:00am (St. Mary's) Celebrant's Intentions
5:30pm Pro Populo

Sunday: July 19
Sixteenth Sunday in Ordinary Time

10:00am (St. Mary's) Pro Populo
5:30pm Celebrant's Intentions

Sunday: July 26
Seventeenth Sunday in Ordinary Time

10:00am (St. Mary's) Celebrant's Intentions
5:30pm Pro Populo

JULY is the MONTH of the PRECIOUS BLOOD of JESUS

The feast of the Precious Blood of our Lord was instituted in 1849 by Pius IX, but the devotion is as old as Christianity. The early Fathers say that the Church was born from the pierced side of Christ, and that the sacraments were brought forth through His Blood. *"The Precious Blood which we worship is the Blood which the Savior shed for us on Calvary; it is the Blood which courses through the veins of His risen, glorified, living body at the right hand of God the Father in heaven; it is the Blood made present on our altars by the words of Consecration."*

Parish Ministries and Notes

Magical Rhine and Moselle Rivers

2027 travel with Fr. Charles

Below are the links to the trip's itinerary as well as the Zoom recording of Collette's Information Night. Travel flyers are located at the entrances of Sacred Heart Church. See Fr. Charles for details or to sign up!

Itinerary: ***https://groups.gocollette.com/en-US/link/1382854***
Zoom meeting: ***https://tinyurl.com/Sacred-Heart-Travel***

Invites all men Wednesday, July 15
6:10pm at Sacred Heart

Catholic Meditation:
Opening the Door to Listening

Contact Chris Wira for more information at chris_wira@yahoo.com

PARISHES MAINTENANCE UPDATE

Sacred Heart: Pieta statue completely installed; Replaced all fire exit signs and emergency lighting; Boiler cleaned; Elevator and boiler inspections are complete and in compliance; Flagpole installed.

St. Helena: Rectory's kitchen sink and drain have been re-plumbed; Elevator and boiler inspections complete and are in compliance.

St. Mary's: Boiler inspection complete and boiler is in compliance.

FIREPIT TUESDAYS

SACRED HEART
JULY 14 AND AUGUST 4

Join us for 5:30pm Mass and then stay for fellowship, a bite to eat, some music, and a few lawn games.

On August 4th, the men's group INFUSED will be manning the grill!

Invite your friends and other families to enjoy a pleasant summer evening at your parish.

MONDAY NIGHT ROSARY

Join us on Zoom at 5pm; sign-in info can be found on our parish website.

Parish Ministries and Notes

ST. HELENA / ST MARY'S FUEL FUNDRAISER

For the fiscal year just ended, St. Helena / St. Mary's paid $15,335 for fuel expenses.

We will be selling raffle tickets for gift baskets and other prizes to raise money to help pay this expense. Tickets will go on sale at the monthly Community Dinner and be available for purchase for one month. The winning tickets will then be drawn at the *next* monthly Community Dinner. Tickets are $1.00 each and are for sale after Mass on Sunday mornings at St. Mary's. Please contact Susan Gagnon (76suegagnon@gmail.com) with any questions or to purchase tickets.

Also, St. Helena Parish will participate in the **Enfield Old Home Days** celebration by holding a **bake sale** on the morning of **Saturday, July 25**. We need people to bake items for this sale. If you are able to provide some baked items, please reach out to Susan Gagnon (76suegagnon@gmail.com) or submit your name and phone number on the provided sheet at the back of St. Mary's church. We will be contacting people starting July 11th.

Thank you for your consideration!

CAN YOU SING *HAPPY BIRTHDAY*?

If you answered *yes*, please consider joining the Sacred Heart Choir with an eye toward becoming a beloved (and much needed!) cantor.

We will train you and work with you including sending you files for practicing at home (iOS or Android). Don't be shy! Come on up to the choir loft after any Mass for a chat or email me with any questions: musicsheartlebanon@gmail.com.

Cantate Domino! Alice Maleski, Music Director

From meal coordinator Rosalie Swanson: *We had a wonderful turnout for the Community Brunch on June 28th. We fed a total of 75 people, dine-in and takeout. Thank you to everyone who gave food and monetary donations. Thank you to the servers and clean-up crew. Your help is greatly appreciated.*

Save the date for our next Community Gathering: Sunday, July 26!

Vocations and The Church

VOCATIONS MINISTRY

At our nation's 250th birthday we consider ourselves the Land of the Free but, as Pope St. John Paul II told President Reagan, *"Yes but freedom for what."*

Church theologians have studied this question for centuries after St. Paul pointed out that Jesus gave us freedom from excessive Judaic law, freedom from sin, freedom from pride, freedom from fear of a meaningless death because heaven is waiting for us, and freedom to not be obstructed from doing good in love. Freedom is the liberty to do good, not to be a self-indulgent libertine.

One of our nation's liberties is Freedom of Religion. Before 1823 it was illegal to run a Catholic Church or organization in NH. Some protestant sects, the KKK, John Birch Society, the "No-Nothing Party," and others worked to designate the Catholic Church as a criminal arm of a "foreign power." Laws were passed to stop Catholic Christians from practicing the Faith. Unlike Elizabethan England, 1920s Mexico, or many Communist and Moslem countries today, a NH Catholic could not be arrested or killed for merely believing in the Catholic Church, but *could* be arrested for practicing Catholicism. Thus people in NH had Freedom of *Conscience* but not Freedom of *Religion.* The Diocese of Manchester Bishop's office was in Portland, Maine. Catholics went to Mass in VT, MA, ME, or Canada. Confession and Eucharist were given secretly in NH Franco-American Clubs comprising Canadians from NH factories, but priests could be arrested, and some were beaten.

In 1823 after the repeal of some anti-Catholic laws, St. Mary's in Claremont became the first Catholic parish in NH, and the first Catholic boys school in all of New England. Catholics could not obtain insurance because insurance companies prohibited Catholic participation. Blessed Father Michael J. McGivney saw many Catholic men die in their 40s from tuberculosis or work-related injuries without life insurance and this left no help for Catholic wives and children. In response to this he started the Knights of Columbus in 1882 to provide insurance and give scholarships to children. Heroic priests and sisters in the Diocese of Manchester, despite anti-Catholic laws, promoted these benefits for Catholic Christians. Today because of their efforts, Catholic hospitals, charitable organizations, and schools, colleges, and St. Mary's Bank (the world's first credit union, started by the NH Catholic Church!) are open to people of any religion in our state.

The struggle to practice the Faith remains threatened in the present world wherever Communist or Islamist governments rule. Catholic services were restricted even in the USA as part of the country's covid response. Today activists in the US and Canada wish to suppress religious practice through economic pressure and "law fare," and Canada has no constitutional protection for religion. The determination of priests and sisters present in NH in 1823 is still needed in 2026. Please pray for our Bishop and all our heroic priests and consecrated people as they must be agile in managing unjust legal restrictions. Lastly, please send a card of encouragement to our newest ordained priest, Rev. Fr. Guillaume Temkkit at 77 Rowell Rd., Lancaster, NH 03584. If you wish, you can place the letter in the collection basket and we will place the postage.

PRAY for the PERSECUTED CHURCH

Nicaragua: The regime of Daniel Ortega and Rosario Murillo has forced priests to censor sermons and halted public religious events off church property. The detention of 80 year old Bishop Mata follows the earlier 2026 imprisonment of other religious leaders. The U.S. government has condemned these attacks on religious freedom. **Algeria:** Administrative laws are shutting down Christian worship. The government is closing churches—requiring state-issued licenses that it refuses to grant.

Parish, Diocese, & Community Notes

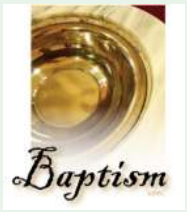
AT SACRED HEART THIS SEPTEMBER!

Annual Parish Fall Festival
Sunday - September 13

Start of Religious Education Classes, Grades 1 - 3

Start of OCIA
Visit the link below for info and registration
https://www.sacredheartlebanon.org/interested-in-becoming-catholic-ocia.html

Details for all events will follow in upcoming bulletins and on our website.



INFANT BAPTISM

Are you interested in having your child Baptized at Sacred Heart, St. Helena, or at St. Mary's?

Our next *mandatory* prep class is October 4 at Sacred Heart at 9:00am.

Please contact the office to enroll.

The ministry for **Adults with Special Needs** (and their caregivers) will break over the summer months and meet again in late September. For more information on this ministry, kindly contact Kathy Prieto at **info@PS139-14.org**.

LA SALETTE ASSOCIATES OF ENFIELD, NH warmly invite you to join them in prayer as they prepare for the 180th Anniversary of the Apparition of Our Lady of La Salette which occurred on September 19, 1846.

We will gather for special devotions:

- **Sun, July 19** - Novena to Our Lady of La Salette
- **Wed, August 19** - La Salette Way of the Cross

Please join us in Enfield at the former La Salette Shrine. We will gather on the hillside in the Summer House Pavilion at 3:00pm. You may walk or drive up the hill.

Prayer for the 180th Anniversary

Our Lady of La Salette, Reconciler of sinners, you came to call us back to your Son, with tears of love and words of hope. Help us to come closer to Jesus Christ, to receive His Word that enlightens and consoles, and to live lives of conversion and faith. Teach us to be witnesses of reconciliation, in our communities and in the world. Guide us during this time of preparation, that we may celebrate this anniversary with renewed hearts and joyful spirits. We entrust ourselves to your care, now and always. Amen.

QUO VADIS DAY CAMPS
August 10 - 14

High school age young men are invited to attend our upcoming vocations camp to reflect on the Lord's call in their lives while having lots of fun. This overnight camp is led by priests and seminarians from the Diocese.

REGISTER NOW!

https://form.jotform.com/RCBM/quovadis-2026

SACRED HEART PARISH

Office: 7 Fairview Avenue, Lebanon, NH
Mailing: PO Box 482, Lebanon, NH 03766

Telephone: 603-448-1262

Website: www.sacredheartlebanon.org
Email: sheartlebanon@gmail.com

ST. HELENA PARISH
ST. MARY'S MISSION

Office: 7 Fairview Avenue, Lebanon, NH
Mailing: PO Box 1363, Lebanon, NH 03766

Telephone: 603-632-4263

Website: www.sthstm.org
Email: sthstm@gmail.com

PARISH STAFF

Rev. Fr. Charles H. Pawlowski, KCHS
Pastor - *pastorsheartlebanon@gmail.com*

Camille Hardt
Parish Secretary - *sheartlebanon@gmail.com*

Lynn Smollin
DRE - *lynnsheartlebanon@gmail.com*

Alice Maleski
Music Dir. - *musicsheartlebanon@gmail.com*

Cathy Filiano, Sheila Gallagher
Office Assistants

KNIGHTS of COLUMBUS

SACRED HEART COUNCIL 2656
Council Grand Knight, John Pomeroy
johnpomeroy84@gmail.com

Meets the second Monday of the month at 6pm, Sacred Heart's Parish Hall

CANAAN / ENFIELD COUNCIL 8027
Council Grand Knight, Albert Vanasse
a.vanasse712@gmail.com

Meets the third Wednesday of the month at 7pm, St. Mary's Parish Hall in Canaan.

Monthly Collections

June 1 - 30, 2026

SACRED HEART

In Person Collection: $ 11,877
Online Collection: 6,015
$ 17,892

Bldg Fund (incl Organ Restoration) $2,250
Fuel $1,034
Parish Charity $20
Peter's Pence $414
Summer Mission Co-Op $1,575

ST. HELENA / ST. MARY'S MISSION

In Person Collection: $ 3,981
Online Collection: 475
$ 4,456

Fuel $752
June Community Dinner $272
June Community Dinner Expenses $283
Parish Charity $21
Peter's Pence $336
Retirement Fund for Religious $21

We extend a warm welcome to you and thank God that you are with us.

If you would like to register with either of our parishes, please do so online via our websites:

SACRED HEART: sacredheartlebanon.org

ST. HELENA / ST. MARY'S: sthstm.org

FIND OUR PARISHES on FACEBOOK!

Follow Sacred Heart and Saint Helena Parishes on Facebook to see pictures from parish events, receive up to date schedules, and learn about the feasts, solemnities, and saints of our Church.