Sacred Heart Parish
2 Hough Street, Lebanon, NH

Mass Schedule
Saturday 4:00pm Vigil
Sunday 8:00 and 9:30am

Monday 8:00am
Tuesday 5:30pm
Wednesday 12:10pm
Thursday 8:00am

Confession
Saturday 2:45 - 3:30pm
or by appointment

Eucharistic Adoration
First Tuesdays 4:15 - 5:15pm

Rosary
Monday 8:30am in church
and 5pm on Zoom
Tuesday 5:15pm
(First Tuesdays at 4:30pm)
Thursday 7:30am
First Saturdays 3:30pm

St. Helena Parish
36 Shaker Hill Road, Enfield, NH

Mass Schedule
Sunday 5:30pm

Confession
Sunday 5:00 - 5:15pm

St. Mary's Mission Church
1157 US Route 4, Canaan, NH

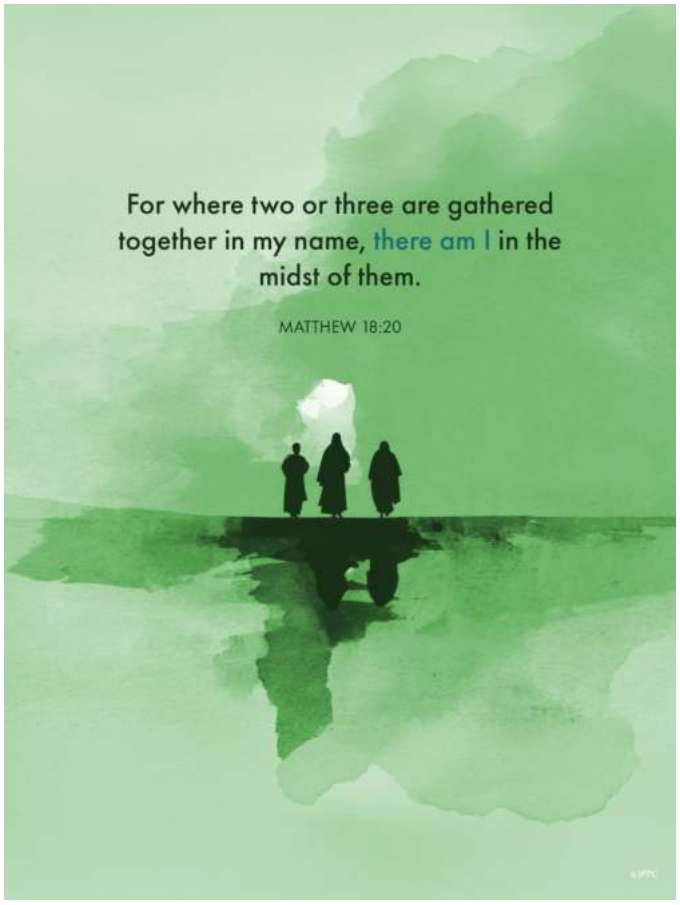
Mass Schedule
Sunday 10:00am

Confession
Sunday 9:30 - 9:45am

Rosary
First and Third Sundays 9:30am

Twenty-Third Sunday in Ordinary Time

September 6, 2026



NB: In observance of Labor Day, the parish office will be closed Monday, Sept. 7 and there will be no morning Mass.

Mass Intentions and Notes

Sacred Heart
September 5 - 13, 2026

The Sanctuary Candle Burns for
The Intentions of Sebastian Hardt
by Mom and Dad

Saturday Vigil / Sunday: September 5 / 6
Twenty - Third Sunday in Ordinary Time

4:00pm Marjorie Mason Place
by Her Family
8:00am Eddy and Norma Aucoin
by Pat Aucoin
9:30am Leon D. Vanasse, Sr.
by Wayne Vanasse

Monday: September 7
Labor Day

8:00am NO MASS

Tuesday: September 8
Nativity of the Blessed Virgin Mary

5:30pm Mr. and Mrs. Henry Pawlowski
by Their Family

Wednesday: September 9
St. Peter Claver, Priest

12:10pm The Intentions of Andrew Martin
by Mom

Thursday: September 10

8:00am Jose Antonio Costa R.
by Richard and Jane Reece

Saturday Vigil / Sunday: September 12 / 13
Twenty - Fourth Sunday in Ordinary Time

4:00pm Kevin and Clara McNamara on the Occasion of their Wedding Anniversary
by Mom
8:00am Deceased Members of the Konicki and Swieszkowski Families
by Bernie and Sophie Konicki
9:30am Maurice LeBlanc by Connie LeBlanc

MANDATORY BAPTISM CLASS

If you're interested in having your baby Baptized at any of our churches, **you must attend the class on Oct 4**. Please call the office to register. (The next one is scheduled for February.)

St. Helena and St. Mary's Mission
September 6 and 13, 2026

Sunday: September 6
Twenty - Third Sunday in Ordinary Time

10:00am (St. Mary's) Pat Rodriguez
by Missie Rodriguez Loupis
5:30pm Rev. Fr. Jean M. Lemay

Sunday: September 13
Twenty - Fourth Sunday in Ordinary Time

10:00am (St. Mary's) Kelly Shepard
by Cathy Griffin
5:30pm Celebrant's Intentions

SACRED HEART PARISH

Office: 7 Fairview Avenue, Lebanon, NH
Mailing: PO Box 482, Lebanon, NH 03766
Telephone: 603-448-1262
Website: www.sacredheartlebanon.org
Email: sheartlebanon@gmail.com

ST. HELENA / ST. MARY'S

Office: 7 Fairview Avenue, Lebanon, NH
Mailing: PO Box 1363, Lebanon, NH 03766
Telephone: 603-632-4263
Website: www.sthstm.org
Email: sthstm@gmail.com

PARISH STAFF

Rev. Fr. Charles H. Pawlowski, KCHS
Pastor - *pastorsheartlebanon@gmail.com*

Camille Hardt
Parish Secretary - *sheartlebanon@gmail.com*

Lynn Smollin
DRE - *lynnsheartlebanon@gmail.com*

Alice Maleski
Music Dir. - *musicsheartlebanon@gmail.com*

Cathy Filiano, Sheila Gallagher
Office Assistants

SECOND COLLECTION

Next Sunday, September 13
Parish Fuel Fund

SUNDAY, SEPTEMBER 13
10:30am to 2:00pm

Rain or Shine

Admission is free! Fun for the whole family!

Bake Table
Ax Throwing
BINGO
Farm Fresh Vegetables Sale
Raffle Table
Bounce House
Dunk Tank
Photo Booth

LIVE MUSIC!

Maple Balsamic Grilled Chicken or *Kielbasa Lunch*
Includes: Fall Harvest Salad with Apple and Butternut Squash, Cole Slaw, Lemonade or Water

$12 per person / $40 per family*

After Sept. 6 - $15 per person / $50 per family*

*Immediate members only.

ADVANCE TICKETS ON SALE AFTER WEEKEND MASSES AND THROUGH THE OFFICE BEGINNING AUGUST 29.

Sacred Heart Church - 2 Hough St - Lebanon, NH
603-448-1262

Parish Ministries

THIRD ORDER of MARY
Meets this Sun, Sept 6, Noon
Sacred Heart's Parish Hall

Ministry contact - Connie LeBlanc
leblanc.constance@gmail.com

MEN of ST. JOSEPH
All men are welcome to join us!
Saturday, September 12
8:00 to 9:00am
Parish Office, Lower Level
TOPIC: *Prayer, Prayer ... and More Prayer!*

Invites all men Wed, September 16,
6:10pm at Sacred Heart
The Upper Four Kingdoms
of Contemplative Prayer

Contact Chris Wira for more information
at chris_wira@yahoo.com

BIBLE STUDY
RESUMES!
Sun, September 20,
following 9:30 Mass

Join us in the office meeting room where we'll begin our studies of some of the Deuterocanonical books along with 1st and 2nd Peter. Refreshments will be served. Please sign up on Flocknote so you'll receive all meeting notices. Can't wait to study with you!

https://tinyurl.com/SacredHeartBibleStudy

Maggie Nichols - Ministry Coordinator

ONGOING MINISTRIES at SACRED HEART

(For a complete list please click on the following link: https://tinyurl.com/SacredHeartMinistries)

JOYFUL HEARTS MINISTRY

We help make parish events possible. The opportunities to serve include planning, set up, food preparation, baking, serving, and clean-up. There are no minimum hours to which you commit; sign up only for those events that interest you! It is an amazing opportunity to get to know your parish community.

MONDAY NIGHT ROSARY

Join us on Zoom at 5pm; sign-in info can be found on our parish website.

MUSIC

If you can sing *Happy Birthday*, please consider joining the Sacred Heart Choir with an eye toward becoming a beloved (and much needed!) cantor.

PASTORAL CARE MINISTRY

We hope to share the Eucharist and conversation with the ill and homebound in our parishes.

If you, a family member, or a friend cannot come to Mass, our parish family can come to you. Please contact the office to request a visit.

PRAYER SHAWL MINISTRY

Shawls can be found at the entrances of all churches. Please take a shawl to someone who could use a physical reminder that he or she is being remembered in prayer.

Religious Education

Religious Education for Grades 1 through 3

Online registration is open via link or QR code below.

First day of classes is September 20, following 9:30 Mass.

If you have any questions concerning the program or how your child may progress in his or her faith formation or receive the Sacraments, please contact our parishes' Director of Religious Education, Lynn Smollin, at lynnsheartlebanon@gmail.com.

Use the QR code shown here or the link below to register your student.
https://tinyurl.com/RelEdRegister

Tuition increases after September 13.

OCIA

Order of Christian Initiation for Adults

OCIA is for those Interested in Becoming Catholic or in Completing their Sacraments of Initiation.

We meet on Tuesday evenings in the parish hall following 5:30 Mass.

Online registration is open via the link or QR code below.

Use the QR code shown here or the link below to register.
https://tinyurl.com/OCIAregister

Vocations: How will you become a saint?

IT'S the SOURCE of ALL VOCATIONS and IT'S under ATTACK

The Trinity created the universe and humans because it pleased God to do so. Jesus came to us in human form with a human nature because it pleased Him to do so. He chose to be born into a family because He loves families.

Sacramental matrimony is a VOCATION — the source of all other vocations — and the Bible shows that God treasures it. September may be back-to-school time but parents are a child's *first* teachers. The Catholic Christian ideal is that parents supervise the financial, academic, social, and spiritual flourishing of each child, to do so lovingly, and not to be obstructed by the government.

Today our country is full of many proud Democrat Socialists and Marxists, (and perhaps the most influential city in our country has one for its mayor!) all of whom oppose the nuclear family and any religion. They state that if children are raised in government indoctrination collectives, *outside the family*, parents are free to enjoy life and work for the collective state without the burdens of child-rearing. Divorce can then be quick and convenient because there is no need for couples to raise children. In the Marxist plan children are raised for efficient, diligent productivity, without the clumsiness of love among children and parents. Karl Marx himself wrote these proud words, *"I wish to avenge myself against the One who rules above. I will wander god-like and victorious through the ruins of this world. Thus heaven I forfeited; I know it full well. My soul, once true to God, is chosen for hell."*

Our three churches of Sacred Heart, Saint Helena, and Saint Mary's Mission strive to promote the sacred vocation of Christian parenthood through:

- prayerful liturgies
- activities of the Knights of Columbus
- devout efforts of the Third Order of Mary, Faith in Action Committees, the Men of St. Joseph, and other parish ministries

What can *you* add to this list? How about praying to the Holy Spirit and Holy Family for vocations to Catholic Christian marriage and parenthood? When lifting up your prayers, ask for the intercession from the various patron saints of marriage:

- Mary, Joseph, Anne, and Joachim
- Priscilla and Aquila, a married couple who knew St. Paul and are patrons of good marriages
- Monica, patroness of married women
- Valentine, patron of happy marriages
- Rita of Cascia, patroness of difficult marriages
- Gengulphus of Burgundy, patron of difficult marriages
- Adelaide of Burgundy, patroness of second marriages
- Thomas More, a widower who remarried, prayed for King Henry VIII's marriage, and was imprisoned and killed by the king for opposing the king's divorce
- Louis and Zelie Martin, parents of St. Thérèse and several daughters who became Carmelite sisters

goodcatholic.com/patron-saints-of-marriage is where you can go to read more about these holy men and women.

Please join Sacred Heart's Decade of a Scriptural Rosary for Vocations at 5:15pm on Tuesdays before the 5:30 Mass.

"It takes three to make love, not two: you, your spouse, and God. Without God people only succeed in bringing out the worst in one another."

Archbishop Fulton J. Sheen

Parish Ministries and Announcements

WAIT ...
WHO'S
JUST TURNED 50 ?!?!

Join us after the 9:30 Mass this Sunday, September 6, as we celebrate Fr. Charles and his half-century of life.

Cake and refreshments will be served.

God bless Fr. Charles!

OCIA - *INVITED*
by Ascension Press

This year the Order of Christian Initiation of Adults will be using Ascension Press's ***Invited*** curriculum.

Please check it out by viewing their two-minute video found here: https://tinyurl.com/OCIAInvited or by scanning the QR code shown above. Presenters of the program include Father Mike Schmitz, Jeff Cavins, and Jackie and Bobby Angel.

Free
Community Dinner
at St. Mary's, Canaan

We had a good turnout on August 23rd.. Everyone enjoyed themselves. We fed 70 people, dine-in and takeout. Thank you for the food and monetary donations; they are greatly appreciated. Thank you to the servers and clean-up help.

Rosalie Swanson, Dinner Coordinator

Our next Community Dinner is September 27.

JOYFUL HEARTS SOCIAL MINISTRY IS CALLING ALL BAKERS !!

Please help our Bake Table at the Fall Festival Fundraiser be a success!

Donations will be accepted in the Parish Hall on Saturday, September 12, from 9am-4pm.

Thank you for your participation!

SHARE the FAITH - BECOME a CATECHIST or ASST CATECHIST!

We all see the challenges facing our world today—the lack of faith, the harmful influences, and the struggles our children encounter. You may wonder, "What can I do?"

You can make a lasting difference in the next generation by helping our children grow in the Faith and their love for Christ. Our Religious Education program is seeking Catechists and Assistant Catechists for students in 1st through 3rd grade.

You don't need to be a theologian or experienced teacher. All you need is a love for Jesus and a desire to share His love with others. Whether you feel called to lead a class or support as an assistant, your presence can have a meaningful impact on a child's faith journey.

Materials, training, and support are provided. We invite you to prayerfully consider how God may be calling you to serve in this important ministry.

Help bring our children closer to Christ—because if the world won't tell them about His love, we can.

For more information,
please contact Lynn Smollin, DRE,
at lynnsheartlebanon@gmail.com.

"Let the little children come to me." Matthew 19:14